

Albemarle Primary School Whole School Curriculum Overview for Physical Education

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Games activities (FMS/ EM & OCM) Leap into life Dance activities Leap into Life	Games activities (FMS/ EM & OCM) Leap into life Gymnastics activities Leap into life (Movement- Using Space & travelling: Ourselves, My Body)	Games activities (FMS/ EM & OCM) Leap into life Gymnastics activities Leap into life (Balance: Different Ways) (Travel: Different ways)	Games activities (FMS/ EM & OCM) Leap into life Dance activities (Cross-curricular / LCP / Rhythms & Rhymes / Body Actions) Leap into life	Games activities (FMS/ EM & OCM) Leap into life Gymnastics activities Leap into life (Travelling: Circus) (Jumping & landing: Animals)	Games activities (Playground games: Cooperation) Leap into life Dance (Cross-curricular / LCP/ Olympic rings/ Communication of ideas)
Year 1 6x 1hr	Games activities/OAA	Games activities FMS/ EM & OCM	Games activities FMS & EM & OCM	Games/ Athletics activities Honey Pot: Core task Pre L1/L1	Games activities PEDPASS Games Unit 1	Games activities Ten point hoops: Core Task Pre L1/L1 PEDPASS Unit 1
6x 1hr	Dance Cross-curricular / LCP/ Off to the Olympics/ Core Task* PEDPASS Unit 1	Gymnastic activities & Trampolining (SCC) Making Shapes: Core Task Pre L1/L1 PEDPASS Unit 1	Gymnastic activities Making Shapes: Core Task Pre L1/L1 PEDPASS Unit 1	Dance PEDPASS Unit 1	Dance *Moving Along: Core Task Pre L1/L1 PEDPASS Unit 1	Gymnastic activities PEDPASS Unit 1
Year 2 6x 1hr	Games activities/OAA	Games activities FMS/ BM & OCM	Games activities FMS/ BM & OCM	Games/ Athletics activities Colour match: Core task L1	Games activities PEDPASS Games Unit 2	Games activities Piggy in the middle: Core Task L1/2 PEDPASS Games Unit 2
6x 1hr	Dance Cross-curricular/ LCP/ Olympic Mascots/ Core Task* PEDPASS Unit 2	Gymnastic activities Families of actions: Core Task L1/2 PEDPASS Unit 2	Gymnastic activities Families of actions: Core Task L1/2 PEDPASS Unit 2	Dance PEDPASS Unit 2	Dance Cat Dance: Core Task L1/L2 PEDPASS Unit 2	Gymnastic activities PEDPASS Unit 2
Year 3 6x 1hr	OAA Shipwrecked: Core Task L1/2 PEDPASS Unit 2 (Yr3&4)	Dance Cross-curricular/ LCP/ Time for London 2012/ Core Task* PEDPASS Unit 3	Gymnastic activities Balancing Act: Core Task L2/3 PEDPASS Unit 3	Games activities Net/wall games PEDPASS Unit 1	OAA PEDPASS Unit 1 Yr3&4	Games activities Striking & Fielding PEDPASS Unit 1 Core Task
6x 1hr	Gymnastic activities PEDPASS Unit 3	Games activities Invasion games Three touch ball: Core Task L2 PEDPASS Unit 1	Dance PEDPASS Unit 3	Athletics activities Furthest Five: Core Task L2 PEDPASS Unit 1	Athletics activities PEDPASS Unit 1	Dance PEDPASS Unit 3
Year 4 6x 1hr	OAA PEDPASS Unit 1 Yr3&4	Dance Cross-curricular/ LCP/ Indian Gold / Core Task* PEDPASS Unit 4	Gymnastic activities Partner Work: Core Task L3 PEDPASS Unit 4	Games activities Net/wall games PEDPASS Unit 1	OAA Search and rescue: Core Task L2/3 PEDPASS Unit 2 Yr3&4	Games activities Striking & Fielding PEDPASS Unit 1 Run the loop: Core Task L2/3
6x 1hr	Gymnastic activities PEDPASS Unit 4	Games activities Invasion games On the attack: Core Task L3 PEDPASS Unit 2	Dance PEDPASS Unit 4	Athletics activities Pass the baton: Core Task L2 PEDPASS Unit 2	Athletics activities Take Aim: Core Task L2 PEDPASS Unit 2	Dance PEDPASS Unit 4
Year 5 6x 1hr	Swimming activities PEDPASS Unit 2	Swimming activities Pick up shapes: Core Task L1/2	Swimming activities PEDPASS Unit 2	Swimming activities PEDPASS Unit 2	Swimming activities Beat the clock: Core Task L 2	Swimming activities PEDPASS Unit 2
6x 1hr	Young Leaders Award & OAA & Games Invasion Crystal Star Challenge: Core Task L3/4	Dance PEDPASS Unit 5	Gymnastic activities Acrobatic Gymnastics: Core Task L3/4 PEDPASS Unit 5	Games activities Striking & Fielding PEDPASS Unit 2	Athletics activities Ancient Greeks – Battle of the Gods PEDPASS Unit 3	Games activities Net/wall games Long/ thin or short/fat: Core Task L3/4 PEDPASS Unit 2
Year 6 6x 1hr	Swimming activities PEDPASS Unit 2	Swimming activities PEDPASS Unit 2	Swimming activities PEDPASS Unit 2	Swimming activities PEDPASS Unit 2	Swimming activities Help yourself: Core Task L4/5	Swimming activities PEDPASS Unit 2
6x 1hr	Games activities & OAA (Osmington Bay) Invasion games (Lacrosse) Calling the shots: Core Task L4 PEDPASS Unit 3	Dance PEDPASS Unit 6	Gymnastic activities Group Dynamics: Core Task L4/5 PEDPASS Unit 6	Games activities Striking & Fielding Pairs Play: Core Task L4/5 PEDPASS Unit 2	Athletics activities PEDPASS Unit 3 Three Jump Challenge: Core Task L3/4	Games activities Net/wall games On target: Core Task L4/5 PEDPASS Unit 2