



## What's on the Menu ?

	PASTA MONDAY	FISHY TUESDAY	ROAST WEDNESDAY	TASTY THURSDAY	CHICKEN FRIDAY
MAIN COURSE	Pasta dish chosen by the children either chicken, tuna, sausage, bacon or mince	Fish such as fish fingers, fish cakes, fish fillets or fish pie	We have a roast on this day – either chicken, pork or beef	Chosen by the children. Please see the newsletter for more details	Chicken dishes eg Paprika chicken, chicken noodles, sausages or curry with Halal option
MEAT FREE OPTION	A vegetarian pasta dish	Vegetarian options vegetarian dippers, vegetable cakes, vegetarian pie and cauliflower cheese	A vegetarian option eg quorn roast, vegetable tart, pastie, samosa or tartlet	A vegetarian option	A vegetarian option of the above dishes
SIDES & VEGETABLES	Mixed or seasonal vegetables	Mixed vegetables with one of the following chips, wedges, new potatoes	Mixed vegetables With roast potatoes	Mixed or seasonal vegetables	Mixed or seasonal vegetables
DESSERT	Hot pudding with custard eg roly poly, jam sponge or marble cake	Cold pudding eg flapjacks, cornflake crunchies, shortbread or ice cream	Fresh fruit salad or Yoghurt	Chosen by the children. Please see the newsletter for more details	Fresh fruit salad, Ice Cream or Yoghurt
AVAILABLE EVERY DAY	Wholemeal bread, various sandwich fillings eg ham, quorn slices, egg mayonnaise, tuna. Salad bar (inc lettuce, tomatoes, cucumber, coleslaw and beetroot) Fresh fruit and Yoghurt				

\* School meals cost £2.20 per day or £11.00 per week. All monies should be paid in advance on line using [SIMS Agora](#).

